

# Biting Hurts! Webinar

Dealing with biting in the early childhood environment



Presented by:

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**Things to consider when creating an action plan:**

The age/developmental level of the child

Past experiences, recent changes?

Child's verbal skills

Physical condition

Child's temperament

Physical environment

Limit setting (what kind of limit setting is going on in the classroom? Are issues being addressed when they happen?)

Resources:

- The Biting Solution by Lisa Poelle, MA. Her website:  
[www.stopthefightingandbiting.com](http://www.stopthefightingandbiting.com)
- <http://www.apa.org/monitor/2011/02/biting.aspx>
- Oklahoma Child Care Warmline: <http://warmline.health.ok.gov/> or call 1-888-574-5437  
Monday-Friday 8:00 a.m. to 5:00 p.m.
- Center on the Social and Emotional Foundations for Early Learning:  
<http://csefel.vanderbilt.edu/>

## **Observations**

To be effective, they must be objective!

What does this mean? You only write down what you see and hear the child do and say. Your thoughts and feelings should not come into the situation at all! You should not attribute feelings/emotions to the child. ONLY write down what they do or say!

Things to note:

- Time
- Other children/staff involved
- Location
- Exactly what happened with as much detail as possible.

Observations should be done on a regular basis to give a true picture of the situation.

May be helpful to invite an objective third party in to observe if you have an ongoing problem.

Different types of observations:

- Running record
- Anecdotal records
- Event counts

Wrap-up questions:

Please send your responses to me within 24 hours of the class ending. My e-mail address is

[tracy.hinton@gmail.com](mailto:tracy.hinton@gmail.com).

1. First and last name:
2. Oklahoma Registry ID number:
3. Designation (circle one): family child care home, center, Head Start, school-age, other
4. E-mail address to send certificate:
5. What did you learn that will be useful for you in the future?